After your day only procedure:

- Our staff will notify your relative or escort with a time that you will be ready to be discharged.
- We recommend that you do not travel on public transport after your procedure (this includes air travel).
- Any medications prescribed for you due to your surgery will be provided to you at discharge. This will be billed to your account and may incur charges not covered by your health insurance company.
- Staff will explain post-operative instructions to you and/or your relative/escort before you are discharged.
- It is recommended not to drive a motor vehicle or operate heavy machinery or make important decisions for 24hrs after your anaesthetic.
- You will be discharged once your escort has arrived to accompany you home. It is recommended that someone be with you overnight where possible.
- The following day, you will be contacted by phone from the Discharge Nursing team.
- If you are worried about your recovery, you should contact your specialist or the Hospital on the below number.
- If you do not feel comfortable regarding your discharge, please speak to the nurse who will listen to you and escalate any concerns where necessary.

Emergency contact
If you need to contact your surgeon urgently, and have been unable to do so, please telephone (02) 8382 7111 and ask for the Assistant Director of Nursing who will assist you.
**Preadmission Information**  
At the consultation with your doctor you will receive a *Pre Admission Health Questionnaire* plus an information form with reply-paid envelope. We require you to complete the health questionnaire so we are aware of any health issues you have which may affect your treatment. Please ensure you read and complete the sections on the front and back of both forms and return these forms to us as soon as possible.

**Getting the forms back to us**  
If your admission is within the **next seven (7) days**, please:  
- Scan and email to svphs.preadmission@svha.org.au or  
- Fax to (02) 8382 7248 or  
- Hand deliver to Admissions on Level 4 of St Vincent’s Private Hospital, 406 Victoria St Darlinghurst

If your admission is **greater than seven (7) days**:
- Scan/email, fax or deliver as above  
- Mail the forms using the enclosed pre-addressed, free-post envelope.

**Pre-Admission Contact by Nurses:**
- A nurse from the Preadmission Clinic will contact you generally 2-3 days prior to your scheduled admission date. Please ensure we have the correct contact details (mobile and email if you have them) on your admission forms to ensure you can be contacted. If you have not been contacted one (1) working day prior to your scheduled admission, please contact the Pre-Admission Clinic on 02 8382 7459 between 9am and 5pm Monday to Friday.  
- Your Preadmission nurse would have given you instructions on your medications and any pre surgery instructions to follow.

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**Day Surgery**

**On the day before you are scheduled for admission:**  
- You will be contacted via SMS to your mobile for your arrival and fasting instructions. If you do not have a mobile, you will receive a telephone call.

**Admission to the Hospital**
- Please arrive at *St Vincent’s Private Hospital, Level 4 Admissions* at your scheduled time. Patients can be dropped off outside the Private Hospital main entrance in Victoria Street. Public Parking is available at either St Vincent’s Public Hospital (entry via Victoria St) or St Vincent’s Clinic (entry in Barcom Ave). Parking fees are applicable in both carparks.  
- Follow your instructions from doctors and nurses regarding your fasting instructions. Failure to do so may result in not being able to have your procedure.  
- Bring any medications, X rays, dentures, eye glasses/hearing aids with cases, Medicare cards and any health fund/DVA information.  
- Wear comfortable clothes that are easy to take off and on.  
- In some circumstances patients may be required to stay overnight in the hospital for additional treatment. While no guarantee can be given, every effort will be made to accommodate your room request. Please note some funds require a gap payment for overnight stays and single rooms.  
- Please do not bring valuables with you as there is no secure facility to keep these items.